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## Parent Testimonials

“When Alex first met our son, he had limited eye contact, delayed speech and didn’t respond to his name.

In the short months since we’ve been working with Alex, our son has improved dramatically. Eye contact comes naturally and not only does he respond to his name, but he initiates conversations as well. He also knows his ABCs, colours, shapes, and numbers. It is a joy to behold.

It’s obvious from the data obtained from the ABA sessions that our son’s improvements are directly related to the ABA method. We are convinced that without Alex’s training, our son would not be where he is today; in a typical school, making friends and progressing daily.”

-S.S., mother of 3 year-old boy

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“Our son was diagnosed at age 4, with PDD-NOS, displaying limited vocabulary and behavioural issues. We turned to Alex, and through the no-nonsense approach of ABA therapy, he has made tremendous strides.

ABA therapy gave us the tools to help him out of his shell. Today, we look at a vibrant, charismatic and inquisitive 6 year-old, thanks to Alex’s methods, which challenged him to achieve his full potential.”

-C.H., mother of 6 year-old boy



Alexandra Rothstein-Small is a Board Certified Behaviour Analyst with over ten years of experience working with children with Autism Spectrum Disorders, special needs, learning disabilities and behaviour difficulties. She has a Master’s Degree in Applied Behaviour Analysis from the University of Nevada, Reno. She currently develops and supervises ABA programs, provides parents with behaviour management strategies, and conducts parent workshops. She is married and the mother of twin girls.

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Alexandra  
Rothstein-Small, M.A. ,  
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Board Certified Behaviour Analyst

Specializing in  
Autism Spectrum Disorders  
and Behaviour Difficulties in  
Children

# Alexandra Rothstein-Small, M.A. , B.C.B.A.

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## TEACHING PHILOSOPHY

My mission is to improve the quality of lives of children and families with Autism Spectrum Disorders, PDD, and behaviour difficulties.

My primary goal is to increase the functional and age-appropriate skills in the child's repertoire by shaping behaviour, prompting and fading procedures and positive reinforcement. Inappropriate behaviours are reduced by teaching more appropriate, socially acceptable forms of communication.

## SERVICES

- Supervision and development of intensive behaviour intervention programs at home, school or daycares
- Assisting parents in applying behaviour management strategies with their children
- Training therapists in the methodology of Applied Behaviour Analysis
- Consultation also available on an as needed basis.

## ABOUT ABA

Applied Behaviour Analysis (ABA) is based on the theory that behaviours can be increased or decreased depending on the consequence the behaviour receives. If a specific behaviour is reinforced, than there is an increased likelihood of that behaviour occurring again in the future. ABA focuses on increasing behaviours of social significance such as academics, communication, social, play and self-help skills. ABA treatment for children with autism spectrum disorders is the only method that has proven to be effective and to produce lasting results.

## PROGRAMS

My programs are individually tailored to meet the specific needs of each child. They incorporate evidence-based, effective and ethical methods.

Data analysis is used to advance skills, make program changes, and troubleshoot areas of concern.

I work collaboratively with the rest of the service providers and family members in order maximize consistency and positive outcomes.

Some of the skill areas addressed include:

- Attending (e.g. eye contact)
- Imitation
- Language and communication
- Play
- Socialization
- Gross and fine motor
- Self-help (e.g. dressing)
- Behaviour management

## INITIAL CONSULTATION

Prior to beginning a program, an intake assessment is completed. During the assessment, information regarding your child's psychological, medical and educational history will be collected. As well, I will observe and interact with your child in order to develop age appropriate goals and objectives.

## ONGOING CONSULTATION

Consultation is provided on a weekly basis. During this time, program changes such as lesson progression and troubleshooting will take place. Additionally, supervision will provide the therapists with ongoing training in the methodologies of ABA and address parent concerns.